

WELCOME FROM THE BOATHOUSE DIRECTOR

Being away from the lake last spring for another Parks assignment helped me reflect and appreciate how good we have it down at Green Lake. It is very special to me and to our staff to have jobs in which we can make a lasting, positive influence on people's lives. This program is special, and not many Parks facilities can hold a candle to it. I am very proud to be associated with a program that strives for the highest standards, cuts no corners, and welcomes anyone who would like to be part of our team.

Our Green Lake Junior Crew program produced strong crews again this year and the team was a formidable opponent at every regatta. I give my best wishes and thoughts to our graduating seniors as they move on to the next chapter of their lives. If I could leave them with one final thought, it would be "Once a Green Lake rower, always a Green Lake rower."

— by Jason Frisk, Boathouse Director

CONGRATULATIONS, GRADUATING SENIORS!

Claire Baltuck Valeria Blahato Mackenna Cameron Sophie Dixon Alicia Heia Iris Little Casey Lundberg Carmen McNamara-Smith Ruby Merkling Delaney Wallace Sophie Wolfson

Garrett Biermanski Sean Bowman Carter Brinchmann Colin Devany Alex Kaiser Kellen McGibbon Logan Pulsifer Ian Whiton Dillon Yanick

TEAM CAPTAINS

JUNIORS

Tremendous thanks to our outgoing captains. Well done!

> Ian Whiton Iris Little Betsy Ratliffe

And congratulations to our incoming captains:

> Grayson Busch Chris Lawson Betsy Ratliffe (2nd year as captain) Megan Suehring

MASTERS

Natalie Lecher Scott Gannon (2nd year as captain)

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GREEN LAKE CREW HOMECOMING

CELEBRATING 70 YEARS OF PULLING TOGETHER

SATURDAY, NOVEMBER 17TH, 2018
MUSEUM OF HISTORY AND INDUSTRY

SEATTLE 7 - 10:30 PM

FOOD, DRINKS, ENTERTAINMENT

MAKE A WEEKEND OUT OF IT!

WE HAVE PREFERRED RATES AT THE WESTIN, ALEXIS,
AND PALLADIAN HOTELS

EARLY BIRD TICKETS AVAILABLE NOW THROUGH OCTOBER 15. VISIT OUR LINK AT WWW.GREENLAKECREW.ORG!



JUNIOR CREW
CHAMPIONSHIP RACES

FRIENDS OF GREEN LAKE CREW UPDATE

The Friends of Green Lake Crew (FOGLC) was pleased to honor the first Ed and Karen Maxwell Scholarship recipients at Junior Awards Night last spring. The 2018 Maxwell Scholars are Casey Lundberg and Kellen McGibbon. Casey and Kellen were selected from a remarkably impressive group of experienced senior rowers, each of whom shared his or her academic and rowing achievements; commitment to the GLC values of Teamwork, Commitment, and Community; and vision for paying forward their experiences at Green Lake. Congratulations to Casey, Kellen, and all of the applicants.

Board Member Nat Hopper recognized the senior rowers in a presentation and welcomed them to the ranks of GLC alumni. The seniors received a specially-designed pin and an invitation to stay part of the GLC family by staying connected through social media, spreading the word about GLC events, and attending regattas and special events like the Summer Rowing Extravaganza and the 70th Anniversary event this fall.

On Saturday, November 17, 2018, FOGLC and the RAC are presenting a very special celebration — the 70th Anniversary of Green Lake Crew. This Green Lake Crew Homecoming event will be held at the Museum of History and Industry (MOHAI). Tickets can be ordered online. This is a must-attend event for every person who has been part of GLC as a rower, coach, parent, or supporter. We look forward to seeing you there.



UPCOMING EVENTS

09/22/18 ERGATHON

@ Greenlake Small Craft Center

11/17/18
GLC HOMECOMING
TOTH ANNIVERSARY
CELEBRATION

@ Museum of History and Industry

04/06/19
RAISIN' OF THE GREEN

@ Nile Country Club



THE NEW BOATHOUSE PROJECT: OFF TO A STRONG START

We have a vision to build a new Green Lake Community Boathouse so that all members of our diverse community have the chance to thrive on the waters of Green Lake for decades to come. This will be more than a building. It's an investment in a healthier, safer, and more connected community.

No other organization in North Seattle offers public rowing, paddling, and sailing programs in one place like we do at Green Lake. Yet, the current Green Lake Small Craft Center limits our ability to offer what the community needs for the future due to a lengthy list of ADA accessibility, safety, and capacity issues. The new Boathouse will be uniquely positioned to help everyone — especially people from low-income communities and people with disabilities — gain greater access to public watersports.

We will increase capacity for programs by more than 20 percent through a combination of increased and more efficient boat storage and additional instructional space. We will also improve access to programs by addressing the lengthy list of ADA accessibility issues, including the

launch of a new adaptive rowing program, the expansion of the para-paddling program, and outreach to seniors.

User safety will be improved through basic elements such as restrooms, locker and changing facilities, and areas for off-water instruction with code-compliant ventilation. In addition, the more visible facility will be the base for our expanded outreach efforts to people from diverse backgrounds and abilities.

A committee of volunteer leaders including Co-Chairs Bob Ratliffe and Bob Christie, Eryn Boyles Ilk, Nat Hopper, Griff Overturf, Mike Stanley, and Barry Ziker — in partnership with Seattle Parks and Recreation, Green Lake Rowing Advisory Council, Friends of Green Lake Crew, and the Associated Recreation Council (ARC) — are working tirelessly to make this vision a reality. The early fundraising results are strong. We are amazed by the generosity of so many of our longtime supporters and alumni. Special thanks go out to Bob Ratliffe who is leading the campaign and has played a key role in getting us off to a very strong start!

Stay tuned for more updates on the new Boathouse project and how you can get involved in the coming months!

Mike Stanley,
 President, Green Lake Rowing Advisory Council



GLC COACHING ROSTER RUNS DEEP WITH GLC ALUMNI

All of our coaches at Green Lake Crew bleed green. For some that blood started pumping through their veins when they rowed here as GLC juniors. This year many GLC coaches were alumni of GLC Junior Crew. We asked our alumni coaches what they loved most about rowing for GLC and what it's like to return as a coach. Their answers exemplify what makes Green Lake Crew such a special place.

GLG GLASS OF 2007

SCOTT SELFRIDGE

Experienced Boys Head Coach

What did you love most about rowing for GLC? I loved my teammates and my coaches, the community and that we held ourselves to a very high standard.



What's it like to return to GLC as a coach? Being able to give back to a program that gave me so much is what it's all about. To see these guys go through the same stuff I went through as a young adult and to help them achieve their goals has been the experience of a lifetime!

Fun Fact: Scott coached Summer Crew at GLC every summer when he was home from Gonzaga University.

GLG GLASS OF 2010

NAOMI MEDLEY

Novice Girls Coach

What did you love most about rowing for GLC? Bagels after Saturday practice from Coby. Something else he and the other coaches at GLC gave us was an environment fostering

the pursuit of excellence on and off the water, that helped us work harder, row faster and be better people together.

What's it like to return to GLC as a coach? Returning to GLC is a major flashback for me. The atmosphere has the same passion for success I remember, as well as the same playlists I erged to back in the day. Some things never change! Coaching at Green Lake is something I

love, because Green Lake forever changed me from the first day of my novice year, when my mom reminds me that I swore Karen was trying to kill me by making me run around the lake. Well, it didn't kill me and I couldn't be happier to be back every day after that.

Fun Fact: Naomi rowed for Gonzaga University and won two West Coast Conference Championships. She was a part of Gonzaga's first ever berth to the NCAA Championships. Naomi is also a lifelong sailor.

FIF GLASS OF 2012

ALIKA ZIKER

Junior Boys Assistant Coach

what did you love most about rowing for GLC? What I enjoyed most about Green Lake is that I had the opportunity to challenge myself every day to be my best both on and off the water.



Alex Grümmei

In addition, having the opportunity to be captain taught me a lot about leadership and having responsibility to others.

What's it like to return to GLC as a coach? It's been an incredible privilege to coach at GLC. Having the chance to positively influence the lives of our athletes in the same way that previous coaches did for me is something I really cherish about the job. I've loved Green Lake my whole life and to be able to pass that on to the next generation of rowers is really special.

Fun Fact: Alika rowed at Michigan after GLC — ask him if he has any commemorative tattoos! He also won three ACRA National Championships AND Head of the Charles in the Collegiate Men's Eight.

GLG GLASS OF 2013

LILY BRITAIN

Novice Girls Coach

What did you love most about rowing for GLC? I remember falling in love with the sport of rowing and it was all because I was able to row for Green Lake Crew. The inclusivity, high quality equipment, and of



Alex Grümme

course the coaches, were so impressive. I'm so grateful to this day.

Continued on the next page...

What's it like to return to GLC as a coach? Coming back as a coach was at first very surreal. Life felt slightly off and incomplete after I graduated and no longer needed to be at the lake for practice six days a week. Green Lake Crew completes me (I know it's cheesy to say but it's totally genuine). Once a Green Lake rower, always a Green Lake rower.

Fun Fact: Lily raced in the first Green Lake Girls 2x at the Henley Woman's Regatta, and at the Reading Town Regatta while on the 2012 Henley trip.

GLG GLASS OF 2015

HAYDON OVERTURF

Novice Boys Coach

What did you love most about rowing for GLC? The thing I love about Green Lake is its sense of family. My teammates really cared about each other as people, not just how good they were



not just how good they were on the water. Even now as a coach I receive that same

feeling from the athletes. Once you've joined the Green Lake family, you'll always be a part of it.

What's it like to return to GLC as a coach? Returning to GLC as a coach has been a rewarding experience, and it has opened my eyes to how much work went on behind the scenes. It has also been gratifying to work alongside the coaches who once coached me. Now, as coach for the Novice Boys, I feel the responsibility to pass on the knowledge and wisdom I learned from my coaches onto a new group of rowers, helping them foster their own passion for the sport.

Fun Fact: After a concussion sustained while wrestling it was discovered that Haydon had a skull/brain malformation called Chiari One. After surgery the doctors told

him he could no longer participate in contact sports, so he started rowing at Green Lake, where there are very few concussions! Haydon was also the Boys Team Captain his senior year at GLC.

GLG GLASS OF 2016

AVERY BROWN

Novice Girls Coach

What did you love most about rowing for GLC? My favorite thing about rowing for Green Lake was that there was an expectation that each rower would work hard and enjoy the



Alex Grümme

pain of putting it all out there. My senior year's motto was The Joy of Battle.

What's it like to return to GLC as a coach? I've really enjoyed being back as a coach, particularly seeing how juniors rowing works from the other side.

Fun Fact: Avery was the Girls Team captain her senior year at GLC.

GLC was also fortunate to have many returning alumni coach our summer programs. Many of them were home from their collegiate rowing programs for the summer, and some were preparing to head off to college for the first time. Thanks to them, we had another fantastic summer season in the books!

- Grayson Busch, GLC Class of 2019
- Lauren Compeau, GLC Class of 2017
- Alexis Jaeger, GLC Class of 2016
- Gemma Junkinsmith, GLC Class of 2014
- Annique Nyman, GLC Class of 2016
- Sean Tveter, GLC Class of 2017
- Ian Whiton, GLC Class of 2018
- by Malorie Stites, Juniors Coach



HELP US SOLVE A GLC HISTORY PUZZLE!



GLC's 70-year history obviously covers a lot of territory, but some of that territory is better mapped than others. That GLC's earliest history is so intertwined with that of UW rowing and Lake Washington Rowing Club leaves us with a puzzle. Pass this newsletter around to your rowing acquaintances, and

let's see if we can figure out the full story of the 1959 junior men's 4+ and the Pan American Games.

Spend a couple of hours on the internet and the broad outlines of the story are clear. In 1959 the boys' coxed four was dynamite! The *Seattle Post-Intelligencer* (yes, once Seattle once had two print dailies) nominated that crew for its annual Sportsman of the Year award. How big a deal was that? The winner of the award that year was Jim Owens, who coached the Huskies to one of the most historic Rose Bowl wins in UW history! The GLC crew garnered that nomination by winning the gold medal at the 1959 Pan American Games—a western hemispheric version of the Olympics still held today.

What we know: The 1959 Pan Am games were held in Chicago, though some memories—and internet sites—will tell you they took place in Sao Paulo, Brazil! (Sao Paolo hosted in 1963.) We know that to qualify to represent the US at the games that they had to qualify in local, Northwest competition. It appears that this competition took place with Lake Washington Rowing Club—and that the ex-collegiate rowers at LWRC were, let's say, "heavily favored" to win that row. Nonetheless, GLC prevailed and was off to Chicago—where they ultimately won gold in "the Pan Ams."

Some sources cite as a qualifier an "intermediate race/victory" at the US National Championships, but since USRowing was itself only founded 10 years after the '59 Pan Ams, the history here gets a little murkier. What/where/when WAS "the US national championship regatta" in 1959? Further complicating things, some of "the boys in that boat" went on to row at UW and at LWRC in subsequent years.

So, help us out: We think that those boys were Roy Rubin (1960 Olympian), Mike Yonker, "Husky legend" Chuck Holtz, Leroy Jones, and Ray Walker (cox). (Chuck went on to win gold at the Pan Ams in 1963, which we surmise has contributed to some of the confusion re 1959!)

Send this newsletter (or a link) to your parents, to your "rowing uncle or aunt," or to any of your friends at LWRC/UW/etc. who can help us get the details in order. Someone out there is just waiting to become our authority on this! We'd like our 70th anniversary celebration to commemorate accurately all of the many interesting episodes in our seven decades—and this is surely a story that should near the top of that list.

—by Tim Amen

FALL REGATTA SCHEDULE

> 10/07

TAIL OF THE LAKE
Experienced (select)

> 10/07

NOVICE DUAL AT GL

Novice

⊳ 10/12-14 BRENTWOOD DUAL

Experienced (select)

> 10/14

HEAD OF THE SNOHOMISH Novice/Exp (select)

> 10/20-21

HEAD OF THE CHARLES

Masters/Exp (select)

> 10/28

PORTLAND FALL CLASSIC Novice/Exp

> 11/03

FROSTBITE REGATTA AT GL Masters/Novice/Exp

> 11/04

HEAD OF THE LAKE

Masters/Exp (select)

MASTERS UPDATE

It's shaping up to be another year of growth for Green Lake Adult Crew. This is perhaps best explained in terms of our four rowing groups and their criteria and expectations, which we have better defined this year:

Rowing I is our nine-session Learn to Row class, and this year, the Masters Advisory Council has promoted these classes heavily to the community. This has resulted in an average of 10 participants per class, with a couple of classes filling two whole eights! We're on track for 100 new adult participants this year.

Rowing II is our novice group comprised of rowers who have finished Learn-to-Row within the past year. This group has grown substantially in 2018, as approximately 30 percent of Rowing I "graduates" have added themselves to the team roster. Our iCrew team roster currently boasts approximately 200 adult members (about half of whom have rowed this year).

After their novice year, Rowing II rowers transition to Rowing III, our experienced and recreational group that has been the heart and soul of GLAC for many years. Rowing II and III rowers practice alongside each other, training for Green Lake home regattas and various regional regattas, including Regional Championships.

Experienced rowers looking to compete at nationally competitive regattas register for Rowing IV, a group that has also seen significant growth — now averaging well over a dozen rowers at its early morning practices.

In August, 38 rowers participated in the Green Lake Summer Extravaganza, including nine novices. In addition to entering regional head races this fall, we're sending a Women's Master 4+, Men's Master 4+, and Men's Master 2x to the Head of the Charles Regatta in October. Thank you to all who contribute their time and talent to this team. Go Green Lake!

— by Nick Fradkin, Masters Rowing Coordinator

COACHES CORNER: JUNIOR GIRLS

This spring started as it always does — with months of hard work over the winter. Training in the dark and cold of December and January is always a little soul searching and this year was no different, but in the erg room the Green Lake girls found that fighting spirit that took them far and fast.

Over the weeks of training that lead up to our first races, a strong ethic of pushing past comfort into strength emerged in both the novice girls and the experienced racers on the girls' squad. This developed into excitement as we approached our first races at the Spring Regatta and Husky Open where we were able to race bowball to bowball against some great competitors. The hard work of the winter conditioning paid off for some victories and medals at these races.

At the Rose City Invitational, or as the kids say "pregionals," all the crews that raced had the chance to level up against a very competitive field of crews. It was a successful weekend and almost every crew had their best piece of the year on the regionals race course.

The first annual West Coast Championships on Lake Sammamish was a windy affair and we only got the chance to race 500m pieces, but it was still a good opportunity to practice starts and sprints. The Brentwood weekend was long and awesome, as it always is, and gave the entire team the opportunity to race and bond together. From the gym floor to the quesadillas, the experience of racing against the finest of Canadian crews is always a special event that brings every Green Lake rower a little closer.

We always work to achieve our fastest, best races at regionals. We get there by building a community of racers who ask, "What does the race require?" and then self-lessly drive to that standard. Every boat the girls fielded this year was proud of their efforts and almost every Green Lake girl returned from Vancouver Lake with a

medal. The Varsity 8+ qualified for a trip to nationals where they raced to a fifth place finish among the best crews in the country.

— by Coby Stites, Varsity Girls Head Coach

COACHES CORNER: JUNIOR BOYS

When I started rowing for Green Lake back in 2004, I was about 5'9", 135 lbs, had an afro and braces. Had anyone pegged me as the next Head Coach in Green Lake's history, that person should have bought a lottery ticket the very same day. After rowing for Green Lake for five years, I returned every summer after college to coach the summer program, and after graduating took over coaching the novice boys. From there I assisted Ed Maxwell with the experienced team for four years, before taking over as head coach this past fall. It is to this day one of the greatest honors of my life to lead this side of the boathouse and I am so grateful for all who helped me get to this point.

I have been fortunate to coach all phases of our team from novices to the varsity boys. As the novice coach, your job is to teach young kids how to row and be part of a team, and if you are good at it, you will help them fall in love with the sport as well. Our novice coaches this year, Haydon Overturf and Jack Gerhard, did a stand-up job not only teaching their kids how to row, but creating a fun and inviting culture for their boys to thrive in. They taught them the basics, how to work hard and for each other, but most importantly they taught them about what it means to be a Green Lake rower. These boys had some very competitive results throughout the year, and always showed up ready to race hard and give it everything they had. I am very much looking forward to having them on the experienced team next year because they are going to add so much to an already fiery and competitive team.

Ed and I always had a consistent message from the varsity all the way down to the 5V, and I was very lucky this

year to have a similar situation with my two assistants — Alika Ziker and Malorie Stites. There was no task too big or too small for these two and they went above and beyond their regular coaching duties to help build the team. From the Varsity 8+ to our 5th Varsity 8+, we raced hard and had some very good results throughout the year, ultimately finishing 10th in the Varsity 4x and 17th in the Lightweight 8+ at this year's national championships.

All in all, it was a tremendous year. The boys grew about as much as one could hope, and I think the coaching staff did as well. We cannot wait to get back to work and believe our team is well positioned to be even more competitive from top to bottom next year. Always looking towards the future... ONWARD we go!

— by Scott Selfridge, Head Varsity Boys Coach

CHUCK DESIDERIO RECEIVES THE 2018 LOVSTED AWARD

This year's recipient of the Carl Lovsted award is Chuck Desiderio, Green Lake Crew's long-serving Boatman. The award is given annually to recognize those individuals who meet one or more of the following criteria:

- Significant lifelong commitment to youth rowing and/or service to the programs of Green Lake Crew.
- Achievement on or off the water that demonstrates a commitment to the values of Green Lake Crew of hard work, personal commitment, teamwork, self-improvement and accomplishment.
- Demonstration of a commitment to making rowing accessible to the youth of Seattle through support of or service to Green Lake Crew.

Chuck has quietly touched the lives of rowers not just at Green Lake, but throughout the northwest. He learned the boatman's trade working with Dewitt Whitman (late

Continued on the next page..





Chuck Desiderio, 2018 Lovsted Award winner

husband of 2016 Lovsted honoree, Kathy Whitman) at University Boat Service. Dewitt introduced Chuck to Green Lake in 1984, where he began to master the skills that keep our fleet in the ship-shape condition we enjoy every day. Chuck and Dewitt even rowed a GLC pair together for many seasons.

Having learned the skills of boatman from both Dewitt and Frank Cunningham, Chuck began to build a rowing shell maintenance business of his own. Chuck has now assumed boatman duties at clubs throughout Puget Sound, including UW, Pocock, Bainbridge Island, Lakeside, Renton, Lake Union, Renton, College Club, Sammamish, and Mt. Baker. But everyone knows that Green Lake Crew has "first call."

Chuck's award was presented on April 7 at GLC's annual auction by RAC President Mike Stanley and Carl Lovsted III. Carl's father, Carl junior, was part of the inaugural GLC class of 1948, and went on to great success at the UW and was the first Green Lake alumni to win an Olympic medal. His support of the program continues to this day through the Lovsted Endowment.

Past recipients of the Lovsted Award include Carl Lovsted (2014), Frank Coyle (2015), Kathy Whitman (2016), and Tim Amen (2017). We welcome Chuck to their esteemed company!

Mike Stanley, Green Lake Rowing Advisory Council

BOAT DEDICATION

Four new sleek Pocock racing shells officially joined the Green Lake fleet in March. The dedication ceremony honored four individuals who have made long-standing contributions to the program at Green Lake.

Nancy Smith • Core V8, small hull

Dedicated in honor of Nancy Lee Smith, one of the most generous program supporters in the 70-year history of Green Lake Crew. Nancy's son P.J. rowed with Green Lake in the late 1980s while a student at Lakeside, and was selected to the Junior National Team in 1990.

Amy Welch Smith II • Hypercarbon K4+, medium hull

Nancy Lee Smith and her son P.J. thought that naming a shell after P.J.'s bride Amy was a wonderful way to welcome her into both the Smith and Green Lake Crew families. That was in 2006, and now this second shell bears Amy's name as well. Amy studied biology and pre-med at UW, and worked for many years at Merck Pharmaceutical before becoming a full-time mother.

Jean K. Lafromboise XI • xVIII, small hull

Anyone familiar with national and Northwest rowing knows of the role that Jean long played in supporting the sport. Long before Jean donated her first boat to GLC — and that was more than 25 years ago — the Lafromboise family was involved in the program when Jean's son, Michael, rowed for Green Lake while a student at Roosevelt. Michael went on to become a Husky letterman in the 1960s, before serving his country in Vietnam. With just 19 days left "in country," Mike, a second lieutenant in the Marine Corps, was killed in action at Quang Tri at the age of 26. Jean subsequently commemorated the sacrifice through active, ongoing support of the UW program.

Jean donated her first boat to Green Lake after the good-will Games in 1990, when the Michael S. Lafromboise III arrived at Massart Shellhouse. The "Michael 5" replaced that boat in 1995, and in 2006 Jean was a prime force in acquiring the first Frank Coyle.

Over the years Jean was a steadfast supporter of USRowing and the US National Team, as well as a contributor to the health of many local rowing clubs beyond Green Lake. GLC acknowledged Jean's many contributions in 1999, when the Rowing Advisory Council dedicated an eight in her honor. The "Jean 2" followed in 2002, the year before Jean died. With the establishment of an endowment fund from the Jean K. Lafromboise Foundation, the GLC-Lafromboise connection is now

reinforced for decades to come. There will always be a "Lafromboise" in the Green Lake boathouse.

Robert Marks-Nicholes II • Hypercarbon V8, small hull

In honor of Bob Marks-Nicholes, who as a Green Lake parent served on the Rowing Advisory Committee and the Friends of Green Lake Crew. Regatta organizer, finish-line fill-in, launch driver, boat rigger, chaperone extraordinaire: Bob did it all with good humor and patience. When he left to pursue a career opportunity back East, we honored his many GLC contributions with the first Marks-Nicholes. Four years later, those contributions are not forgotten!

— by Tim Amen

2018 AUCTION RECAP

Thank you to the nearly 160 individuals who attended this past spring's silver anniversary "Raisin' of the Green." Thanks as well to all the volunteers who made it happen and/or who donated items to auction (or just good old cash). The 2018 event brought in more than \$70,000!

2018 ERGATHON CAMPAIGN GETS UNDER WEIGH

While the most visible aspect of our annual fall fund-raiser is the lakeside erg-ing on September 22, just off the GL path in the lee of the Aquatheater, the guts of the effort (No guts, no glory, right?) takes place behind the scene. Junior athletes are sending donation letters/requests to friends, families, Facebook buddies—whatever likely candidates they (and you!) can think of.

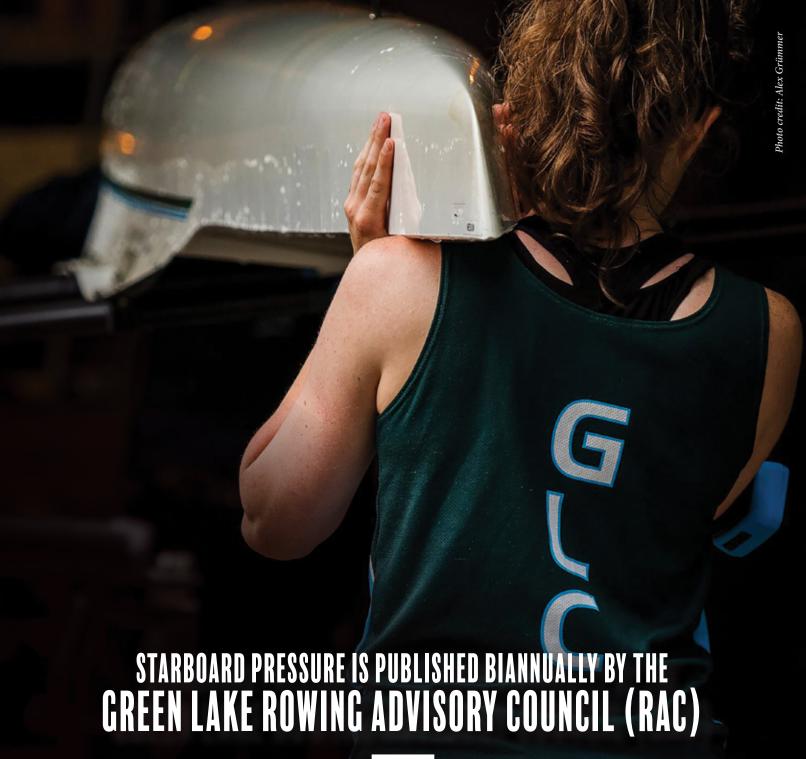
The Ergathon goal this year is \$30,000. Funds raised help us continue to offer program participants financial aid for classes and regattas, and support equipment purchase and upkeep.

To donate, visit:

https://give.everydayhero.com/us/green-lake-rac-ergathon-1



Clockwise from top center: Jean K. Laframboise, Nancy Smith with her grandchildren, Bob Marks-Nicholes, GLC Junior Boys launch the Jean K. Lafromboise XI for her inaugural row, Amy Welch Smith.



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Please direct submissions and letters to the editor to info@greenlakecrew.org with "Starboard Pressure" in the Subject line.



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